



2024 MENTORING FOR STUDENT SUCCESS: APU CULTURAL SAFETY & NCLEX PASS RATES

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FUTURE OF NURSING™
Campaign for Action

 **AARP** Foundation  Robert Wood Johnson Foundation

OBJECTIVES

- Summarize the location and context of APU nursing program and who we serve.
- Explore conceptual framework of Cultural Safety from historical to present day.
- Discuss how cultural safety is threaded throughout the nursing programs and within community partnerships

ALASKA PACIFIC UNIVERSITY

Small, independent university

Alaska Native/American Indian-serving and Tribally governed

Mission: APU provides a world-class, hands-on educational experience in collaboration with our students, communities, and Tribal partners

ALASKA PACIFIC UNIVERSITY

Nursing Programs

- Practical Nursing Certificate
- Associate's Degree in Nursing
- Bachelor's Degree (RN-to-BSN)
- Concept-based Curriculum
- Cultural Safety

APU NURSING MISSION

- The mission of the Alaska Pacific University Nursing Program is to prepare culturally safe, caring, and innovative nurse leaders who exemplify excellence in nursing practice, while honoring Alaska's Indigenous heritage and healthcare needs of all communities.
 - Excellence
 - Active Learning
 - Alaska Focused

CULTURAL SAFETY

Definition:

- “The practice of actively examining social, economic, political positions and power differences in healthcare, recognizing that a culturally unsafe healthcare environment can reify institutional racism, dehumanize and re- create trauma in vulnerable populations.”

Mkandawire-Valhmu (Rasmden 1993)

CONTINUUM OF CULTURAL SAFETY

WHY CULTURAL SAFETY

- Worldwide, Indigenous groups experience health and social inequities and health disparities
- Strength based: Useful to inform health practices and potentially improve equity and health outcomes
- The Future of Nursing 2020-2030: Charting a Path to Achieve Health Equity
- Inequities are primarily due to unequal power relationships, unfair distribution of social determinants of health, marginalization, biases, unexamined privilege, and institutional racism" (Curtis et al., 2019)

APU NURSING FRAMEWORK

5 Principles to Engender Cultural Safety

- Protocols
- Personal Knowledge
- Partnerships
- Process
- Positive purpose

Alaska Pacific University Nursing Programs' End of Program Student Learning Outcomes		
LPN	ADN	BSN
Explain various ways of knowing and healing from Alaska Indigenous populations in the delivery of holistic nursing care across the lifespan in a variety of settings. [NLN-HF] [QSEN-PCC/EBP]	Apply new knowledge representing the aspirations and collective wisdom across multiple populations, from individuals and families to Alaskan Indigenous people in the delivery of holistic nursing care across the lifespan. [NLN-HF] [QSEN-PCC/EBP]	Incorporate new knowledge representing the aspirations and collective wisdom, across a diverse spectrum of cultures, from Alaska Indigenous populations to global communities, in the delivery of holistic nursing care across the lifespan. [NLN-HF] [QSEN-PCC/EBP]
Recognize culturally safe communication within the context of a collaborative team approach to improve client safety and quality improvement. [NLN-PI] [QSEN-T&C/SAFETY/QI]	Demonstrate culturally safe communication within the context of a collaborative team approach to improve client safety and quality improvement initiatives in a variety of settings. [NLN-PI] [QSEN-T&C/SAFETY/QI]	Integrate culturally safe communication within the context of a collaborative team approach to improve client safety and quality improvement initiatives across multiple healthcare delivery systems. [NLN-PI] [QSEN-T&C/SAFETY/QI]
Provide culturally safe focused individual assessments through the integration of foundational concepts, critical thinking, clinical reasoning, evidence-based practice, and the use of the nursing process. [NLN-NJ] [QSEN-PCC/EBP/IN]	Conduct culturally safe comprehensive assessments of individuals and families through the integration of foundational concepts, critical thinking, clinical reasoning, evidence-based practice, and the use of the nursing process. [NLN-NJ] [QSEN-PCC/EBP/IN]	Develop culturally safe comprehensive individual, family, and community assessments through the integration of foundational concepts, critical thinking, clinical reasoning, evidence-based practice, and the use of the nursing process. [NLN-NJ] [QSEN-PCC/EBP/IN]
Develop evidence-based nursing practice to improve client outcomes. [NLN-SI] [QSEN-EBP]	Apply evidence-based nursing practice to improve client outcomes across healthcare delivery systems. [NLN-SI] [QSEN-EBP]	Appraise evidence-based nursing practice to improve client outcomes across healthcare delivery systems. [NLN-SI] [QSEN-EBP]
Discuss nursing advocacy through adherence to professionalism, ethical and legal frameworks, and patient-centered care as part of individual nursing practice. [NLN-PI] [QSEN-PCC, EBP]	Exhibit nursing advocacy through adherence to professionalism, ethical and legal frameworks, and patient-centered care as part of nursing practice. [NLN-PI] [QSEN-PCC, EBP]	Evaluate nursing advocacy through adherence to professionalism, ethical and legal frameworks, and patient-centered care as part of nursing practice. [NLN-PI] [QSEN-PCC, EBP]

CULTURAL SAFETY ACROSS THE PROGRAMS

LPN, ADN, RN TO BSN

- **Partnerships across the state**
- Alaska Native Tribal Health Consortium and rural partnerships
- SouthCentral Foundation Alaska Native American Indian Nurses & Student Mentorship Program
- **Prerequisite:**
- Culturally Safe Health Care course

CULTURAL SAFETY ACROSS THE NURSING PROGRAMS

LPN, ADN, RN TO BSN

- Holistic Admissions
- Course work
- Clinical
- Simulation
- Community
- Partnerships

CULTURALLY SAFE HEALTHCARE RESOURCES

Threaded throughout curriculum

- *Culturally Safe Health Care for Vulnerable Populations* by Mkandawire-Valhmu, L
- Guest speakers and Indigenous authors
- Resources: Alaska, Canada, New Zealand, Australia
- Faculty & staff education
 - *Pathways to Promote Academic Success for AI/AN Nursing Students*
- Frontier Nursing: Introduction to Cultural Safety 2023-2026
<https://ceu.catalog.instructure.com/courses/introduction2cultural-safety>

THANK YOU!

REFERENCES

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- Napoleon, H., & Madsen, E. C. (1996). *Yuuyaraq: The way of the human being: With commentary*. University of Alaska, Fairbanks, College of Rural Alaska, Center for Cross-Cultural Studies.