

FUTURE OF NURSING™

Campaign for Action

AT THE CENTER TO CHAMPION NURSING IN AMERICA



Robert Wood Johnson Foundation

AARP Foundation®

HBCU Learning Collaborative
Fostering Mental Health and Wellbeing
Among Students and Faculty
October 13, 2020



Vernell DeWitty, PhD, RN

Director of Diversity and Inclusion,
American Association of Colleges
of Nursing and Consultant,
Campaign for Action



**Bridgette M. Brawner,
PhD, MDiv, APRN**

Associate Professor of Nursing
University of Pennsylvania
School of Nursing

Chair, ANA/SAMHSA National
Advisory Committee

Founder & CEO, Dr. Bridgette
Executive Consulting, LLC

Objectives



Discuss challenges faced in these
“unprecedented times”



Describe mechanisms to support students in the
current climate (sponsorship > mentorship)



Identify practical strategies to promote your own
wellness and foster student wellness



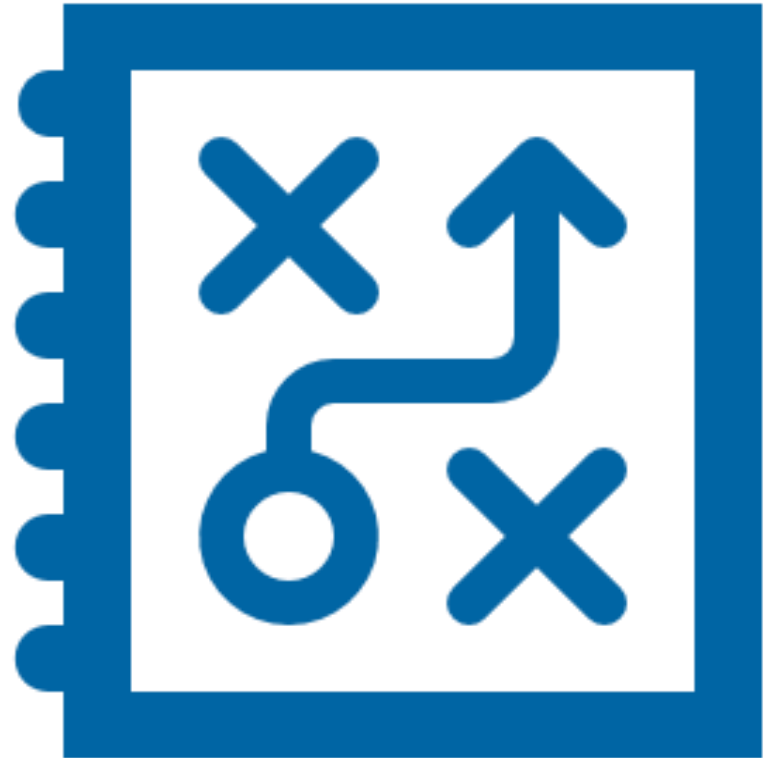
Q&A

The Year of 2020

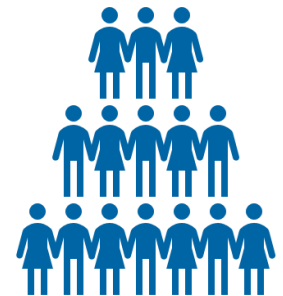
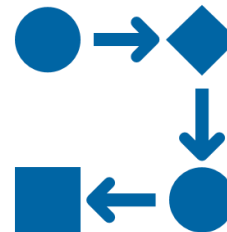
A SIGN OF THE TIMES...

Current Challenges

- Constant bombardment with trauma and stress
- Strained resources (financial and other)
- Being “sandwiched”
- Uncertainty about the future



Implications of These Challenges



No More Business as Usual

SUPPORTING STUDENTS IN THE CURRENT CLIMATE

Which One: Mentorship or Sponsorship?

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Mentorship



Sponsorship



Navigating Multiple Roles and Functions

PRACTICAL STRATEGIES TO PROMOTE WELLNESS

Practical Strategies for Wellness

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Strategic
Partnerships



Set Realistic
Expectations



Spend Time
in Nature



Facilitate
Connections



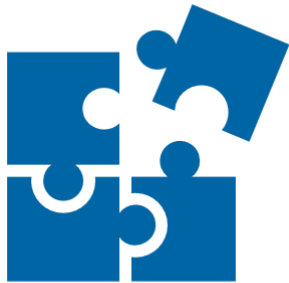
Therapy
(Period.)



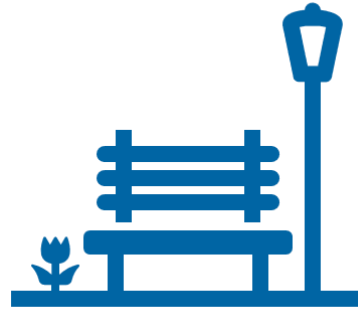
Nurture
Your Passions

Practical Strategies to Support Students

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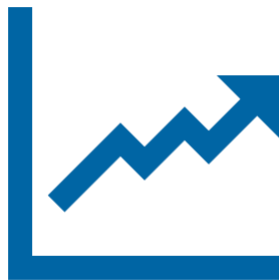
The Missing
Pieces



Think Outside
of the Box



Facilitate
Connections



Measure
progress



Exponential
Impact



Re-envision the
Classroom

Conclusion

- We are all living through something we have never experienced before
- We need to be gracious, flexible and compassionate to both ourselves and others
- Take advantage of available resources
 - <https://therapyforblackgirls.com/>
 - <https://www.psychologytoday.com/us/therapists>
 - <https://www.crisistextline.org/>
- We will make it through this, together

Thank You!

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@DrBMBrawner



brawnerb@upenn.edu

Discussion Questions

1) What questions, comments or reactions do you have?

Press #6 on your telephone key pad to unmute your phone to answer or ask a question

OR

Use the “chat” feature to send “everyone” a question.



Raise Hand

If you are having trouble asking a question, please click the “Raise Hand” button on the bottom right of your screen

Campaign Resources

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Visit us on the web at www.campaignforaction.org
For webinar resources:
<http://campaignforaction.org/resources>

Campaign for Action ABOUT ISSUES OUR NETWORK BLOG RESOURCES GET INVOLVED Q

Resources

A LIBRARY AT YOUR FINGERTIPS

Help promote better health through nursing by tapping into hundreds of resources, including studies, toolkits, webinars, and other materials organized in the categories in which the *Campaign* pushes for action.

ISSUES

- Improving Access to Care
- Transforming Nursing Education
- Promoting Nursing Leadership
- Increasing Diversity
- Collecting Workforce Data
- Fostering Inter-professional Collaboration
- Building Healthier Communities

TOOLS & TIPS

- Academic Progression in Nursing (APN)
- Advocacy
- Communications and marketing
- Funding opportunities
- Medkits
- Milestones (Dashboard Indicators)
- News releases

keywords Q

BY STATE

RESET X

- Organizational excellence
 - Fundraising
 - Internal operations
 - Stakeholder engagement
- Research
- State Implementation Program (SIP)
 - Grantee projects
 - Grantee resources
- Webinars



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