

Syllabus: Community Health Worker Training

CRC PRO Health and Human Services

(7 weeks - 42 hours, 14 classes)

<u>Week</u>	<u>Date</u>	<u>Location</u>	<u>Topics/Learning Activities</u>
1	4/26	VNA	<ol style="list-style-type: none"> 1. Preparations & Introductions 2. Course Description, Components, & Syllabus 3. Expectations: Professional Image, Soft skills criteria & assessment 4. Teaching & Learning strategies <p><u>The Role of the Community Health Worker</u></p> <ol style="list-style-type: none"> 1. <u>Define</u> 2. <u>Examples of CHW work, populations that they work with, and health issues that they address.</u> 3. <u>Discuss core skills needed to be a CHW</u> <p><u>Professionalism and Work Ethic for Health Care Providers</u></p> <ol style="list-style-type: none"> 1) The Etiquette of Introductions 2) Essential Values for Health Care Professionals <ol style="list-style-type: none"> a) Employability characteristics research (Hired/Fired) b) Examination of Essential “Care Values” <p><u>In-class assessment – complete and hand in:</u></p> <ol style="list-style-type: none"> 1. Computer Skills Self-assessment <p><u>Readings:</u></p> <ol style="list-style-type: none"> 1. You Can Grow Your Brain (Columbia & Stanford research) 2. CHW examples <p><u>Homework:</u></p> <ol style="list-style-type: none"> 1. Write paragraph based – Why do I want to be a CHW?

2	4/30	CCV	<p><u>CHW SKILLS for working with Clients</u></p> <ol style="list-style-type: none"> 1) <u>Ethics – AACHW Code of Ethics</u> 2) <u>Confidentiality</u> 3) <u>Scope of practice</u> 4) <u>Self – awareness</u> <p><u>Self-analysis, Self-awareness, Values, and Personal Growth</u></p> <ol style="list-style-type: none"> 1. You Can Grow Your Brain power point and discussion 2. DISC Personality survey & discussion 3. Quiet Personality survey & discussion 4. Grit Personality survey & discussion <p><u>Reading:</u> Bates, Chapter 2: Interviewing and the Health History</p> <p><u>Homework:</u> Read Interviewing and the Health History and note 2-3 or more interesting things in this article.</p>
	5/3	VNA	<p><u>Effective Communication for Health Care Professionals</u></p> <ol style="list-style-type: none"> 1. “Care Communication” and Patient needs 2. Listening and Speaking skills for health care professionals 3. Communicating with Body Language 4. Interpersonal communication in health care 5. Identifying effective communication for specific patient groups 6. Interviewing and the Health History 7. PCA Case Study small group: Identifying Best Practices

4	5/7	CCV	<p><u>Health Care Professionals & The Care Plan</u></p> <ol style="list-style-type: none"> 1. The Care Plan – Health Care Professionals in Action – role of the MD, RN, PT, SW, RD and pharmacist. 2. Examples of what the CHW would be asked to do <p><u>Who is the health care team?</u> <u>What are the resources in the community?</u></p>
5	5/10	VNA	<p><u>Guest speaker: Gary Starecheski, RPh</u> <u>CHWs, Pharmacists, Patients, Medications</u></p> <ol style="list-style-type: none"> 1. RX 101 – reading a pill bottle 2. What to expect at the pharmacy 3. What resources are available to help 4. Frequently asked questions – purpose, how long, prevention 5. Multi-lingual poison control center 6. How to dispose of meds 7. 6. What is the CHW responsible for or not regarding meds
6	5/14	CCV	<p><u>Client-centered coaching for behavior change</u></p> <ol style="list-style-type: none"> 1. <u>Motivational interviewing</u> 2. <u>Stages of change model!</u> <p>Including several YouTube video examples of MI</p> <p>WorkKeys</p>

7	5/17	VNA	<p><u>Home visiting</u></p> <ol style="list-style-type: none"> 1. Provide examples of why conducted 2. Prepare for home visit 3. Identify safety issues and how to address them 4. What to do when you arrive at the house 5. Conduct a subtle assessment of the home environment 6. Prepare a report for the healthcare team member you are working with 7. Where are meds stored <p>Organize & prepare for 6/18 presentations</p>
8	5/21	CCV	<p><u>Mazlow's Hierarchy of Needs</u></p> <p>Work on 6/18 presentations WorkKeys</p> <p>Homework: Joe case study, needs assessment</p>
9	5/24	VNA	<p>Guest speaker: Karin Bell, DPT <u>FALL PREVENTION</u></p> <p>Review Joe case study, consider special needs circumstances</p> <p>Work on 6/18 presentations</p>
10	5/28	CCV	<p><u>Developing and implementing a care plan</u> Case studies, including special needs situations</p> <p>Work on 6/18 presentations WorkKeys</p>

11	5/31	CCV	<p><u>6/18 Presentations</u> Including cultural issues and concerns, views of western medicine by different cultures</p> <p><u>Effective Interview & Job Search Strategies</u></p> <ol style="list-style-type: none"> 1. Interviewing power point & discussion 2. Mozilla & Internet Explorer 3. Google as search engine 4. Computer lab: Internet scavenger hunt <p><u>Readings:</u></p> <ol style="list-style-type: none"> 1. How to Prevent Awkward Gaps in Your Resume 2. Resume preparation questions 3. Etiquette for Introductions & First Impressions 4. How to Handle Difficult Interview Questions 5. Questions NOT to ask at your interview 6. Memorable Questions to Ask at an Interview 7. Preparing for the Top Ten Interview Questions <p><u>Homework:</u></p> <ol style="list-style-type: none"> 1. Use readings to write a rough draft of your resume longhand or using Word. Bring to class.
12	6/4	CCV	<p><u>6/18 Presentations</u> Including cultural issues and concerns, views of western medicine by different cultures</p> <p>Guest speaker: Janet Nunziata, UVM Center on Aging</p> <p><u>Interview Review, Cover Letters, Resumes</u></p> <ol style="list-style-type: none"> 1. Interviewing tips, information interviews 2. Review of cover letters and resumes

13	6/7	UVM Sim Lab	<p>Presentation on standardized patients, tour of Sim Lab.</p> <p>Assessing Team Attitudes and Functions – watch video, complete the survey. (Cameron UVM grad student)</p>
14	6/11	CCV	<p>Mock cases with reporting back to team members. Practice as both interviewer and client with review by instructor and documentation for care team.</p>
15	6/14	CCV	<p>Class completion celebration</p>

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