



ADVANCED REGISTERED NURSE PRACTITIONER  
*for* THE STATE OF IOWA

# ARNP

**DID  
YOU  
KNOW?**

**THERE ARE  
OVER 3000  
ARNPs IN IOWA.**

You can find one  
in all 99 counties!

**WHERE CAN I  
FIND AN ARNP?**

ARNPs provide care  
in every healthcare  
setting, including:  
**hospitals, clinics,  
schools, retail clinics,  
long term care facilities,  
and surgical centers.**

ARNPs in Iowa provide care  
in urban areas as well as  
rural settings where  
healthcare access may be  
limited. Any individual can  
request an ARNP when  
seeking care.

**What is  
an ARNP?**

An Advanced Registered Nurse Practitioner (ARNP) is a registered nurse with additional education and training. This prepares the ARNP to practice in one of four advanced practice roles; Nurse Practitioner, Nurse Anesthetist, Nurse Midwife, and Clinical Nurse Specialist. In Iowa, all ARNPs are...

- A Registered Nurse with **additional education at the Masters or Doctorate level**
- **Board Certified** to provide comprehensive healthcare in a specialized field
- **Licensed** by the Iowa Board of Nursing
- Granted **full practice authority** in the State of Iowa

**HOW ARE ARNPs  
REIMBURSED?**

Reimbursement is made  
through insurance  
companies, Medicare and  
Medicaid, health savings  
accounts, and flex plans.  
In special situations county  
monies may be available  
for those who do not qualify  
for other government or  
private payment.

# THE **FOUR ROLES** OF ADVANCED REGISTERED NURSE PRACTITIONERS ARE:

	<b>Certified Nurse Practitioner (CNP)</b>	<b>Certified Registered Nurse Anesthetist (CRNA)</b>	<b>Certified Nurse Midwife (CNM)</b>	<b>Certified Clinical Nurse Specialist (CNS)</b>
<b>ADVANCED EDUCATION</b>	Masters or Doctorate, 600-1000+ clinical hours, successfully pass initial certification exam by an approved specialty certification organization.*	Masters or Doctorate, 600-1000+ clinical hours, successfully pass initial certification exam by the National Board of Certification and Recertification for Nurse Anesthetists (NBCRNA). *	Masters or Doctorate, 600-1000+ clinical hours, successfully pass initial certification exam by the American Midwifery Certification Board. *	Masters or Doctorate, 500-1000 clinical hours, successfully pass initial certification exam by an approved specialty certification organization. *
<b>SCOPE OF PRACTICE</b>	Provide initial and ongoing comprehensive care through health assessment and screening activities and through the diagnosis, treatment, and management of patients with acute and chronic illnesses and diseases. CNPs order, supervise, and interpret laboratory and imaging studies; prescribe medications and durable medical equipment; and make appropriate referrals for patients and families. CNPs provide care to a wide variety of general and specialty populations, including adult, family, pediatric, neonatal, women's health, and psychiatric mental health.	Provide care to the full spectrum of anesthesia and anesthesia-related care for individuals across the lifespan, whose health status may range from healthy to all recognized levels of acuity. CRNAs provide care in a variety of settings for procedures including, but not limited to surgical, obstetrical, diagnostic, therapeutic, and pain management.	Provide a full range of health care services for women from adolescence beyond menopause. These services include primary care, gynecologic and family planning services, preconception care, care during pregnancy, childbirth, and the postpartum period, care of the normal newborn during the first 28 days of life, and treatment of male partners for sexually transmitted infections.	Integrate care across the lifespan through influence on the patient, nurse, and health system. The primary goal is continuous improvement of patient outcomes and nursing care. The CNS provides diagnosis and treatment of health/illness states, disease management, health promotion, and prevention of illness and risk behaviors among individuals, families, groups, and communities. The CNS works with a wide variety of populations and specialty areas, including pediatrics, adult/geriatrics, women's health, diabetes, mental health and critical care.

\*To maintain a license to practice in Iowa, all ARNPs must meet the CE requirements of the certifying body and the state licensure; maintain current board certification, license and drug registrations.

For contact information regarding this document, or to learn about the Institute of Medicine Advanced Practice Task Force of Iowa visit [www.campaignforaction.org/resource/iom-advanced-practice-task-force-iowa](http://www.campaignforaction.org/resource/iom-advanced-practice-task-force-iowa)