Did you know?

There are over 3,000 ARNPs in Iowa. You can find one in all 99 counties!

Where can I find an ARNP?

ARNPs provide care in every healthcare setting, including: hospitals, clinics, schools, retail clinics, long term care facilities, and surgical centers.

ARNPs in Iowa provide care in urban areas as well as rural settings where healthcare access may be limited. Any individual can request an ARNP when seeking care.

How are ARNPs reimbursed?

Reimbursement is made through insurance companies, Medicare and Medicaid, health savings accounts, and flex plans. In special situations county monies may be available for those who do not qualify for other government or private payment.

What is an ARNP?

An Advanced Registered Nurse Practitioner (ARNP) is a registered nurse with additional education and training. This prepares the ARNP to practice in one of four advanced practice roles; Nurse Practitioner, Nurse Anesthetist, Nurse Midwife, and Clinical Nurse Specialist. In Iowa, all ARNPs are...

- A Registered Nurse with additional education at the Masters or Doctorate level
- Board Certified to provide comprehensive healthcare in a specialized field
- Licensed by the Iowa Board of Nursing
- Granted full practice authority in the State of Iowa
THE **FOUR ROLES** OF ADVANCED REGISTERED NURSE PRACTITIONERS ARE:

<table>
<thead>
<tr>
<th>Certified Nurse Practitioner (CNP)</th>
<th>Certified Registered Nurse Anesthetist (CRNA)</th>
<th>Certified Nurse Midwife (CNM)</th>
<th>Certified Clinical Nurse Specialist (CNS)</th>
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<tbody>
<tr>
<td>Masters or Doctorate, 600-1000+ clinical hours, successfully pass initial certification exam by an approved specialty certification organization.*</td>
<td>Masters or Doctorate, 600-1000+ clinical hours, successfully pass initial certification exam by the National Board of Certification and Recertification for Nurse Anesthetists (NBCRNA). *</td>
<td>Masters or Doctorate, 600-1000+ clinical hours, successfully pass initial certification exam by the American Midwifery Certification Board. *</td>
<td>Masters or Doctorate, 500-1000 clinical hours, successfully pass initial certification exam by an approved specialty certification organization. *</td>
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**ADVANCED EDUCATION**

Provide initial and ongoing comprehensive care through health assessment and screening activities and through the diagnosis, treatment, and management of patients with acute and chronic illnesses and diseases. CNPs order, supervise, and interpret laboratory and imaging studies; prescribe medications and durable medical equipment; and make appropriate referrals for patients and families. CNPs provide care to a wide variety of general and specialty populations, including adult, family, pediatric, neonatal, women's health, and psychiatric mental health.

Provide care to the full spectrum of anesthesia and anesthesia-related care for individuals across the lifespan, whose health status may range from healthy to all recognized levels of acuity. CRNAs provide care in a variety of settings for procedures including, but not limited to surgical, obstetrical, diagnostic, therapeutic, and pain management.

Provide a full range of health care services for women from adolescence beyond menopause. These services include primary care, gynecologic and family planning services, preconception care, care during pregnancy, childbirth, and the postpartum period, care of the normal newborn during the first 28 days of life, and treatment of male partners for sexually transmitted infections.

Integrate care across the lifespan through influence on the patient, nurse, and health system. The primary goal is continuous improvement of patient outcomes and nursing care. The CNS provides diagnosis and treatment of health/illness states, disease management, health promotion, and prevention of illness and risk behaviors among individuals, families, groups, and communities. The CNS works with a wide variety of populations and specialty areas, including pediatrics, adult/geriatrics, women's health, diabetes, mental health and critical care.

*To maintain a license to practice in Iowa, all ARNPs must meet the CE requirements of the certifying body and the state licensure; maintain current board certification, license and drug registrations.

For contact information regarding this document, or to learn about the Institute of Medicine Advanced Practice Task Force of Iowa visit [www.campaignforaction.org/resource/iom-advanced-practice-task-force-iowa](http://www.campaignforaction.org/resource/iom-advanced-practice-task-force-iowa)